# WALKINSTOW N GREENHILLS RESOURCE CENTRE

ANNUAL REPORT 2024



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## Chairperson's Statement

As I write this statement, I consider the continued development and commitment of WGRC to address problematic substance use and mental health difficulties in Dublin 12, through the use of evidence- based methods and approaches.

WGRC continues to evolve and more importantly, to be responsive to community needs. The demand for our services has increased year on year and we continue to try to keep pace with the demand while ensuring that we continue to deliver a high- quality service.

The team's commitment and enthusiasm for their work is visible in that many of the team assumed new roles and responsibilities and reacted to service needs in a professional manner, while ensuring that the service users and their families remain at the forefront of the service.

We had some changes to our Board of Management in 2024 and I want to acknowledge the work of those who resigned, Nellie Horvath and Jason Flood, who resigned as Directors of WGRC after many years of involvement with WGRC. On behalf of the Board of Management, I would like to acknowledge and thank them both for their leadership, support and hard work during the time they served with WGRC.



# Chairperson's Statement

We also welcomed new board members, and the board continually play an active part in supporting the organisation in consultation with the CEO.

Finally, on behalf of the board I want to acknowledge the sustained commitment of all of the WGRC team and the CEO to the service, mission and values of WGRC.

Gerry Lynch
Chairperson





## **CEO Statement**

I am delighted to present to you our 2024 Annual report. 2024 was a very energetic year, with lots happening, lots to plan for and lots more to be carried out. It was an exciting year as we consolidated our service provision in our relatively new premises Service provision continues to expand and we are proud to have developed services along the Continuum of Care from low threshold services to recovery coaching opportunities. Embedding a recovery- oriented system of care, through this process, enables and supports the service user, we share our vision with them as they are heading towards a recovery outcome.

Having this model changes the language from addiction to recovery, it reduces stigma, and it is a health led approach which encompasses the mental health issues associated with active or long- term drug use.

Once again, we saw an increase in numbers attending our services in 2024. Overall, 328 persons connected with our services in 2024. This increase in service demand was met by a committed team of staff and volunteers who met the challenge of providing high quality support services in a demanding environment.

In 2024, WGRC worked intensively to provide counselling and key-working to 328 participants, of which 222 were new to WGRC services. Keywork was accessed by 233 individuals, 101 males and 132 females, 224 service users accessed counselling sessions, 37 holistic sessions and 37 individuals accessed 'group wellbeing sessions' in 2024



## **CEO Statement**

The latter figure reflecting an increase and signalling a resurgence after the post Covid Iull. We look forward to building upon this in the coming years.

Regrettably, we had to bid farewell to two of our more recent employees, Caroline and Gayle. Unfortunately, funding for the Youth Initiative they worked so tirelessly on was ended in 2024. They did very valuable work with vulnerable young persons- work which is still badly needed. We wish them well.

I would like to take this opportunity to thank the WGRC team – the staff, board members and volunteers - whose commitment, dedication and hard work made 2024 such a successful year.

I would like to thank also all our stakeholders, our funders, donors and strategic partners for their continuing support and engagement with the work of WGRC. Their generosity allows us to continue to provide our recovery services and develop new programmes to meet growing and changing demands. We look forward to strengthening our relationship with you in the years to come.

John Davis, CEO WGRC



# Vision & Mission of WGRC

Our vision is to work in partnership with participants, their families and their communities to create a more inclusive community in Walkinstown and Greenhills where our participants are treated as emerging active citizens with strengths and contribution to make to their own, and their community's wellbeing.

The Mission Statement of WGRC is to empower and support the people of Walkinstown and Greenhills to work in solidarity to tackle the causes and symptoms of substance misuse and in so doing develop responses to meet the needs of the local community.

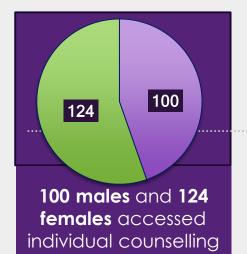
Service Users

In 2024, 328 service users accessed WGRC services.

222 episodes started in 2024, 38 of which were assessment only



The mean time for counselling service was 220 days





For users availing of key working service, the mean time was 46 days. The median was 1 day (125 out of 233 had 1 keyworking session)

8 adolescents accessed WGRC services. 3 male, 5 female. The mean duration was 152 days



280 Adults access WGRC Services 120 Male, 160 female.

29 children accessed WGRC Services 9 male. 20 female. The mean duration was 131 days



Service Users

222 new cases accessed WGRC services in 2024 93 males accessed and 129 female

94 service users were carried over from 2023 to 2024. 34 male & 60 female

No cases
accessed
Family
Therapy or
Strengthening
family
program

Age		
less than 15	34	
15-19	12	
20-24	22	
25-29	19	
30-34	16	
35-44	42	
45-49	17	
50-64	38	
65 years or	22	
over		
Total	222	

Age	
15-19	4
20-24	7
25-29	4
30-34	7
35-44	17
45-49	12
50-64	19
65 years or	16
over	10
less than 15	8
Total	94

5 Service users were referred to other external services in 2024

2 – Rutland Centre

1 - YoDA

1 - St Dominic's

1 - MQI Doctors All Male All referred cases were male. Rutland ages: one 25-29, one 35-39. YoDA age was under 15, St Dominic's age was 50+, MQI Doctors age was 65+.

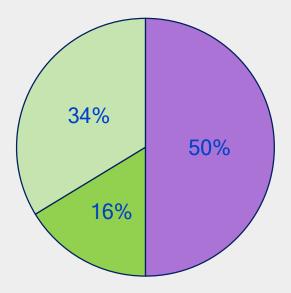
Service Users

28 Cases
were referred
to WGRC from
other drug
treatment
services in
2024

Range of time each service user availed of WGRC services;
Mean duration was 240 days.
Median was 127 days

Source of referral	
Self	124
Family	53
Friends	31
Other drug treatment centre	28
General practitioner	33
Acute hospital services excluding emergency dept.	2
Social services/Community services	27
Outreach worker	2
School or college	17
Mental health professional	7
Probation	1
Not known	3
Total	328

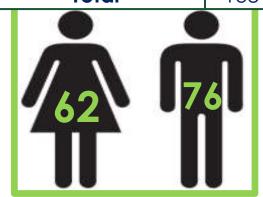
Service Engagement
Service Users – Substance Misuse



- Total Cases 138
- Alcohol 45
- □ Drugs 93

Reason for Referral	Total
Heroin	2
Other opiates	2
Cocaine	26
Other stimulants	1
Benzodiazepines	9
Volatile inhalants	1
Cannabis	19
Alcohol	45
Other	33
Total	138

Grouped Age	Total
17 years or under	3
18-19	3
20-24	14
25-29	17
30-34	16
35-39	20
40-44	15
45-49	19
50 years or over	31
Total	138



Gambling Harm

29 Cases accessed services for gambling harm as a primary issue, 6 as a secondary issue.

Of the 29 primary cases, 20 were male, 9 were female.

Age	
15-19	2
20-24	3
25-29	5
30-34	7
35-44	8
50-64	4
Total	29

## Types of gambling harm presented

Online Casino - 10
Sports Betting - 9
Bookmaker Shop - 4
Slot Machines - 3
Spread Betting - 3



## Substance Misuse

#### Sarvica

The Drug Misuse Service in WGRC provides an opportunity to engage in a process that helps the participant to identify what blocks them emotionally from making progress with their substance use or mental health issue. WGRC Drug Misuse Service offers a combination of different therapeutic and holistic interventions to support participants to reduce or stop their drug / alcohol misuse.

The Counselling Service at WGRC aims to establish therapeutic relationships with participants who can then use this process to address life experiences which they are coping with by engaging in problematic substance use.

The counselling service is available to both active and drug free participants provided they have enough stability and commitment to engage in regular appointments.

Participants are referred to counselling following two stage Initial and Comprehensive Assessment which is completed within 7 -10 days, which was a change introduced in 2022.

"I can't speak highly enough of WGRC and the people I've met there. They are the most understanding and supportive people you can find. WGRC has changed my life".

Service User

A lot of the time it is word of mouth that brings new participants into the service, usually a friend or relative will have accessed the service and have had a positive experience in dealing with their addiction and recommend to others that they attend. Other source of referrals are from local GP's, psychiatric & mental health services, local addiction services and local schools.

Therapeutic Support

WGRC offers diverse therapeutic and holistic interventions to support participants to reduce or stop drug/alcohol use. The WGRC service uses a combination of evidence-based models like cognitive behaviour (CBT), community reinforcement approach (CRA), mindfulness-based relapse prevention (MBRP), motivational interviewing (MI) and resonance factor to explore patterns linked to drug and alcohol misuse and to identify effective strategies to promote change.



## The range of services provided in 2024 included:

\*Assessments, Comprehensive Assessments and care planning

\*One to one key working support & care plan reviews

\*Interagency Advocacy & Case Management

\*Developing and facilitating the "Women's Wellbeing" Group.

\*Child Therapy Through Play and Adolescent Support Programme.

\* Referrals to treatments options: Day Programme, residential treatment, HSE addiction services, community detoxes, etc., \*Mental Health Support Programme.

\*Provision of Domestic Violence Clinic

## **EVENTS**

In May, a memorial service was held for Bernadette Stokes during which a bench was unveiled in her name





## **EVENTS**



Our annual
Walkalelies
fundraiser in the
Ashleaf shopping
centre, a great
afternoon where we
were lucky enough to
raise £1500

One of our Recovery events held in the Walkinstown community centre, discussing a Tony O'Reilly podcast

A rare sunny day for the weekly Walk & Talk through your neighbourhood

The women's group on an outing to Kilmainham jail

## **YOUTH WORK**

Gayle and Caroline, our Youth Workers did a weekly outreach in the community, providing support for young people and families. Unfortunately, as funding wasn't

available, Gayle and Caroline finished with WGRC in November





## WGRC STAFF - 2024

<b>Manager</b> John Davis	<b>Team Leader</b> Monica Grogan	<b>Key Worker</b> Ann Nugent
Project Worker Dermot Phillips	<b>Project Worker</b> Don McLoughlin	<b>Project Worker</b> Don Hegarty
Project Worker Mary Barnes	Financial Administrator Sinead Donohoe	<b>Receptionist</b> Fiona McGuinness
<b>Receptionist</b> Colm Gannon	<b>Receptionist</b> Rose Treanor	<b>Receptionist</b> Alan Fagan
<b>Receptionist</b> DJ Garcia	Complimentary Therapy Sonya Keogh	<b>Youth Worker</b> Caroline O'Neill
<b>Youth Worker</b> Gayle Cullen	Sessional Volunteer Counsellors Bridget Kenny	Sessional Volunteer Counsellors Michael Smith
Sessional Volunteer Counsellors Lee Daly	Sessional Counsellors Martina Curtis	Sessional Counsellors Elaine O'Keefe
Sessional Counsellors Gemma Cox	<b>Caretaker</b> Martin Daly	<b>Caretaker</b> Finbarr McGlynn

## WGRC Company Details

**Gerry Lynch** 

Chairperson

Val Scott

Vice Chairperson

**Vivian Mahady** 

**Treasurer** 

**Susan McAuley** 

Secretary

Liz Bramble

**Suzanne McEneaney** 

**Jason Flood** 

Paddy McGrane

**Cornelia Horvath** 

Michael O'Reilly

**Directors** 

O'Gorman, Brannigan, Purtill & Co. Ltd (OGBP)

22 Bridge St, Ringsend, D.4

**Auditors** 

**Bourke & Company** 

161/171 Drimnagh Road, D.12

Solicitors

**Bank of Ireland** 

Walkinstown, D.12

Bank

Company Reg Number 334239

Revenue

#### **ACCOUNTING RECORDS**

The board members believe that they have complied with the requirements of section 281 to 285 of the companies act, 2014 with regard to accounting records by employing personnel with appropriate expertise and by providing adequate resources to the financial function. The accounting records of the company are maintained at WGRC, 6 Cromwellsfort road, Walkinstown, Dublin 12.

These documents are prepared in accordance with the companies act, 2014 and, voluntarily in the absence of statutory reporting standards for charities in Ireland, in accordance with international best practice [Charities SORP, FRS 102)] as recommended by the charity regulator. This directors' report contains the information required to be provided in the trustee's annual report under the SORP guidelines.

#### **GOING CONCERN**

Based on the results for the year, the year- end financial position and the approved 2024 budget, the board of directors believes that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, the board continues to adopt the 'going concern' basis in preparing the financial statements.

In WGRC, accountability and transparency are vitally important in everything that we do. We publish our financial accounts annually and place them on our website for easy access. They are prepared in accordance with best practice Statement of Recommended Practice (SORP) in the absence of statutory reporting standards for charities in Ireland. We are readily available to the public and respond to all queries with honesty and integrity. Our annual reports are available on our website, along with our annual returns www.wgrc.ie. We have always lodged our reports with the Companies Registration Office (CRO).

We comply fully with the Charity Regulators Governance Code, a code of practice for good governance of community, voluntary and charitable organisations in Ireland. The Charity Regulators Governance Code is a legal requirement which is being implemented in full by the Board and Management of Walkinstown Greenhills Resource Centre. We review as required to ensure continued compliance. (Visit www.charitygovernancecode.ie). We welcome the progress to date of the Charity Regulatory Authority on the phased implementation of the Charities Act 2009 and WGRC will continue to ensure full compliance with all requirements

#### **POLITICAL CONTRIBUTIONS**

There were no political contributions in this year or any previous years and as a result no disclosures are required under the electoral act, 1997.

#### POST BALANCE SHEET EVENTS

There have been no events subsequent to the year- end that require any adjustment to or additional disclosure in the 2024 financial statements.

#### DISCLOSURE OF INFORMATION TO AUDITOR

The directors who held office at the date of approval of this directors' report confirm that, so far as they are each aware, there is no relevant audit information of which the company's auditor is unaware; and each director has taken all the steps that he/she ought to have taken as a director to make himself/ herself aware of any relevant audit information and to establish that the company's auditor is aware of that information

#### **AUDITOR**

O'Gorman, Brannigan, Purtill & Co. Ltd (OGBP), Chartered Accountants have been appointed to audit WGRC in 2024. In accordance with Section 383(2) of The Companies Act, 2014, O' Gorman, Brannigan, Purtill & Co. Ltd (OGBP) will continue in this role. The Audit is prepared in March / April and presented to the WGRC Board of Directors at the Annual General Meeting during the month of May on an annual basis. The Board of Directors review audit arrangements annually. The appointment of Company Auditors is part of the review process. When completed and signed off by the Board of Directors the audit is uploaded to the WGRC website <a href="https://www.wgrc.ie">www.wgrc.ie</a> and made available to all interested parties.

#### **RISK MANAGEMENT**

WGRC works with young people, adults and families experiencing the effects of disadvantage. The nature of this work means that we take on a medium to high level of risk in our core activity. We aim to minimise this through our ongoing risk assessment process and controls, including the need to ensure our work is appropriately resourced, across our identified areas of risk.

## Financials

	2024	2023
Income	€553,853	€551,337
Expenditure	(€437,673)	(€424,366)
Surplus before interest	€116,180	€127,011
Finance Costs	(€23,046)	(€22,158)
Surplus for the Financial Year	€93,134	€104,853
Total Comprehensive Income	€93,134	€104,853

# Statement of financial position 2024

	2024	2023
Non-Current Assets Property, plant & equipment	€587,766	€505,492
Current Assets Receivables Cash & Cash Equivalents	€4,400 €172,497	€4,418 €254,942
<b>Payables:</b> amounts falling due within one year	(€53,312)	(€134,048)
Net Current (Liabilities)/Assets	€123,585	€125,312
Total Assets less Current Liabilities	€711,351	€630,804
Payables Amounts falling due after more than one year	(€216,767)	(€229,354)
Net Assets	€494,584	€401,450
Reserves Retained Surplus	€494,584	€401,450
Equity attributable to owners of the company	€494,584	€401,450

## Acknowledgements gruntas díomhaoin the dormant

ciste na

accounts fund















**National** Lottery





An Roinn Coimirce Sóisialaí Department of Social Protection









An Roinn Dlí agus Cirt Department of Justice



An Bord Oideachais agus Oiliúna Chathair Bhaile Átha Cliath City of Dublin Education and Training Board





